



## Introduction

Generally speaking, people start karting for the recreation aspect of the sport. This changes sooner rather than later with most karters as they turn faster and faster lap times. The passion to excel soon emerges in a sport where you can continue to compete against yourself or against fellow karters. From the first time you race a kart the thrill of acceleration will provide you with an adrenalin rush unparalleled by most sports. With this power and speed under your control, it is extremely important to always keep in mind safety. It is with this in mind that one must each and every time out, check their equipment for broken or loose parts. After each and every outing one should clean their equipment prior to storing it.

As you excel at karting you will find that sooner rather than later that basic kart preparation along with chassis setup techniques prior to and during your outing are very necessary. These include adjustments to chassis height both front and rear. Chassis width front and rear as well as camber, caster and toe out or neutral. That's right. You can work with chassis stiffness by loosening different areas on the frame and to a much greater degree if there are removable torsion bars. Each one has a purpose and must be tried as what works on one chassis will not necessarily work on another.

Beginners should first have fun and once comfortable, start to race against fellow karters if one so desires.